

Frequently asked questions

1. How does this plan differ from an association-type plan?

Association-type plans are not guaranteed. Features and premiums can change at any time without consent from insured members. In addition, many association-type plans include a "limitations" provision, allowing the insurer to reduce benefits. In essence, you may be paying for a benefit you may not be receiving. Under the Medical Student Offer, there is no such limitation clause. Premiums and contract wording are guaranteed to age 65.

2. I will be receiving mandatory, province-specific disability coverage when I start residency. How does this impact my plan?

Benefits under the Medical Student Offer are paid regardless of your residency coverage. It is recommended that you have some privately owned disability protection to supplement a resident plan and for your post-residency needs.

3. How does the Future Income Option (FIO) benefit me?

This is one of the most important features to have. You will be offered an opportunity to increase your coverage annually. Under the Medical Student Offer, we have specifically designed the FIO to allow you to increase your coverage, up to a maximum of \$25,000 tax-free, without ever having to provide medical evidence. Financial proof is required to support the increase.

4. How much FIO may I take?

At the time of application, you can choose the size of the FIO for both the Enhanced and Specialty plans, from \$500 up to a maximum of \$3,000 per month in increments of \$500. In addition, at the end of medical residency or fellowship, you have the option to increase your FIO amount to up to the maximum \$3,000, starting from 180 days before your completion of medical residency or fellowship to 180 days after it.

5. Is coverage portable?

Yes, coverage can be carried anywhere in the world.

6. If I am healthy and I submit medical evidence, will my rates be less expensive?

No, rates are based on your age, gender, smoking status and the Medical Student Offer premium reduction.

7. Does the premium reduction apply only to my original purchase of coverage?

No, you will be offered a premium reduction on insurance purchased today AND any coverage purchased in the future (using the Future Income Option rider). As most coverage will be added post residency, this feature will increase in value over time. Please note that the premium reduction does not apply to the purchase of critical illness coverage.

8. When can I purchase the Guarantee Standard Issue Critical Illness Plan?

The Guarantee Standard Issue Critical Illness Plan can be added upon initial purchase of the Medical Student Offer plan or at the same time you exercise the Special FIO in your first year in practice, provided you have an in-force Medical Student DI policy.

9. Can I choose a shorter elimination period?

Yes. However, a fully completed application and evidence of health are required.

10. When should I apply for disability income protection coverage?

Now. You should apply for coverage while you are a current medical student or in training and can qualify for this unique offer.

11. How does the 24-month pre-existing clause work?

If you had a pre-existing condition within the 24 months prior to the coverage being in force and the disability was related to a pre-existing condition and began within the 24 months after the coverage was in effect, then that condition is not covered.

12. What are the maximum non-taxable monthly issue limits at the time of application?

First and second year students receive up to \$2,000, third year students receive up to \$3,000 and graduating students receive up to \$4,500.

13. How does the option to elect business protection benefit me?

After this policy has been in force for two years, or you are entering your first year in practice, you can elect to apply, without medical underwriting, for coverage to protect against business overhead expenses or business loans should you become disabled. As a medical professional it is important that you protect not only your income but also your business in the event of a disability.

Medical Student Offer

Would you have the right income protection if you suddenly became the patient?



Insurance

Underwritten by RBC Life Insurance Company

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Insurance



Losing your ability to earn an income could also mean losing the lifestyle you've worked so hard for. Your provincial health plan can help with the medical bills. But to replace lost income, you need disability insurance. Here are some stats to keep in mind about disability.



Available through a simplified application, disability insurance under our Medical Student Offer is designed for Canadian medical students, has industry-leading limits of \$25,000 per month and guarantees your premium and contract provisions.

- A simplified application with **no medical exam or blood test required**
- Up to a maximum monthly benefit of \$25,000 (non-taxable) throughout your career without medical evidence
- Individually owned contracts of insurance
- Guaranteed premiums and provisions to age 65
- HIV and hepatitis B and C coverage
- Choice of Own Occupation definition of disability
- Substantial premium reductions to age 65, and 12 months of waived premiums for students, 5 months for residents and fellows
- Choice of critical illness protection without medical or financial underwriting
- Exclusive option to add business protection later on — with premium savings and no medical underwriting
- The option to continue disability protection beyond age 65 or convert it to long term care insurance for lifetime protection

It's more common than you think

- One in seven Canadians have a disability¹
- Most disabled people are not born with their disability
- One in three working-age Canadians will become disabled and unable to work before they reach age 65²

The most common forms of disease may surprise you³

- 31% – Mental disorders (depression, substance abuse, Alzheimer's disease and other dementia)
- 16% – Cancers (lung, colon, breast, etc.)
- 12% – Cardiovascular diseases
- 8% – Injuries (traffic accidents, falls, etc.)
- 5% – Musculoskeletal diseases (arthritis)

Costs add up over time

- When a disability lasts longer than 90 days, the length of that disability averages between 2.1 and 3.2 years⁴
- An average 30-year-old Canadian has more than three million dollars of income at risk due to a disability⁵
- 60% of people with a disability need help with daily activities such as walking, cooking, cleaning and personal hygiene
- If you have a disability, you're likely to need in-home help⁶



Specifically designed to grow with you throughout your career

If anyone understands the vulnerability of good health and the need for personal financial protection, it's medical professionals. You will be exposed to surroundings and risks the average person simply doesn't have to face in their day-to-day lives. Yet, during your training, the cost of your education may accumulate to a debt that exceeds the value of your parents' first home. They wouldn't have considered leaving themselves exposed to this risk by not insuring. Why should you?

As a medical student, we have specifically designed a protection plan that focuses on your current needs while providing flexibility for your future requirements. The Medical Student Offer is an individual disability income protection policy with full return-to-work benefits, and with premiums and wording that are guaranteed for the life of the contract. These guarantees ensure that any negative market trends won't impact your plan, a plan that protects your most valuable asset — you.

¹ Statistics Canada
² 1985 Commissioners Individual Disability Table A
³ World Health Organization – Disease and injury country estimates (November 2013)
⁴ 1985 Commissioners Individual Disability Table A
⁵ RBC Insurance assumes average rate of Canadian = 30, average individual income = \$50,000 with an annual increase of 3%, and retirement age = 65.
⁶ Statistics Canada – Participation and Activity Limitation Survey 2006